

JULY SPECIALS

Specials available from 30th June to 2nd August 2025 E.&O.E.

SLICED FLAKE ELEPHANT SHARK



Hot Price

5kg....\$134.20/ctn

SCALLOPS IN A HALF SHELL 20/30



1doz....\$17.80/bag

HOKI FILLETS 4/6oz (Blue Grenadier)



\$12.53/kg

6.8kg....\$85.20/ctn

TIBALDI MIDDLE RASHER RINDLESS BACON



Hot Price

2.5kg...\$34.60/bag

EVEREST STRAWBERRY ICECREAM



Hot Price

10Lt....\$24.70/tub (+gst)

SCOTCH FILLET CUBE ROLL YP MSA GRAINFED



Hot Price

Approx 4kg...\$39.50/kg

SAFRIES 10mm STRAIGHT CUT AUSTRALIAN CHIPS



Hot Price

2.5kg..\$8.60/bag (\$3.44/kg)

SAFRIES 13mm STRAIGHT CUT AUSTRALIAN CHIPS



Hot Price

2.5kg..\$8.60/bag (\$3.44/kg)

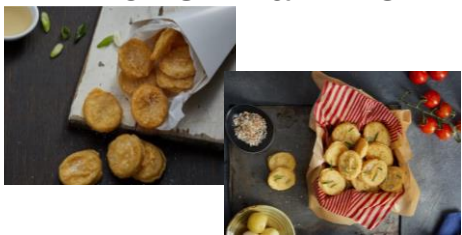
mo FRYOLA PREMIUM VEG SHORTENING



Hot Price

20Lt....\$45.00/tin

frozen

INGHAM'S BULK SWEET CHILLI TENDERS Hot Price  Only \$12.92 per kg 2.5kg....\$32.30/bag	INGHAM'S BULK DEVIL WING DINGS Hot Price  Only \$14.24 per kg 2.5kg....\$35.60/bag	INGHAM'S DEVIL CHICKEN BREAST  1kg....\$18.60/bag
INGHAM'S GLUTEN FREE CHICKEN NUGGETS GLUTEN FREE  1kg....\$16.70/bag	INGHAM'S CRUMBED BREAST FILLERS ALFREDO  50x100gm 5kg....\$100.40/ctn	Steggles FLAMING WING NIBBLES CRUMBED  1kg...\$16.30/bag
Steggles CHICKEN BURGERS  1kg...\$16.70/bag	MARATHON MINI SPINACH & FETA PASTIZZI  24/pk..\$9.90/tray(+gst)	客家人 COCKTAIL SPRING ROLLS or SAMOSAS  The Perfect Finger Food 8doz...\$15.70/box
CHIKO FLAME GRILLED MEATBALLS  Less than 26¢ each 1kg....\$18.10/bag	客家人 MINI CHICKEN DIM SIMS  55x18gm..\$14.50/bag	MOKA FOODS The Frozen Food Specialists BABY (MINI) POTATO CAKES PLAIN OR SALT & VINEGAR  Approx 19c each 1kg....\$12.00/bag

frozen

MAYMAX DONUTS

JAM DONUTS



Less than 66¢ each

Qty 100

\$60.20/ctn (+gst)

CRITTERINCH

FORMED JUMBO POTATO CAKES



20pcs...\$11.40/sleeve

BUTLERS

BUTLERS COOKED BEEF BURGERS



20x120gm...\$43.80/bag

Magdala Fine Foods

MAGDALAS



Potato Cake Sandwich Filled with Cheese, Bacon & Onion.

2doz...\$48.10/ctn

BUTLERS

TRIPLE DECK LASAGNE



2kg...\$37.00/bag

Specialty Foods

YIROS MEAT LAMB AND CHICKEN



1kg

\$30.00/bag

1kg

\$21.30/bag

Bulla 100 YEARS 1914-2014

PARTY CUPS FULL CREAM



GLUTEN FREE

3doz...\$33.90/ctn(+gst)

Chefs

TRADITIONAL BEEF LASAGNE PC



24x250gm

\$70.30/ctn (+gst)

Leader

MAC & CHEESE BITES



1kg...\$20.20/bag

GOLDEN NORTH

ICE CREAM TRAY INDULGE RANGE 5Lt

Cool Bananas
Bubblegum
Velvety Chocolate
Hokey Pokey
Iced Coffee
Licorice Lust
Juicy Mango
Spearmint Sundae
Goey Salted Caramel
Toffee & Caramel Swirl

GLUTEN FREE



Hot Price

5Lt...\$36.10/tray (+gst)

GOLDEN NORTH

COUNTRY STYLE VANILLA ICECREAM

Boysenberry Ripple
*Cookies & Cream
Krazy Kolors
Honeycomb Crunch
Lime Twist
Smooth Macadamia
Rum & Raisin
Peppermint & Choc Chip
Strawberry Daze
Vanilla Bean
Vanilla Classic

* = Not Gluten Free



GLUTEN FREE

5lt...\$25.20/tub (+gst)

frozen

MUSSELS IN HALF SHELL



Approx 40 per box
1kg....\$18.30/box

TUNA STEAKS 200gm



Hot Price
5kg....\$124.80/ctn

"SEVEN SEAS" MARINARA MIX



Perfect for Pasta - Includes: Mussels, Cuttlefish, Squid, Clam and Shrimp

1kg....\$13.90/bag

BLUESKY CRUMBED GARFISH FILLETs 80gm



1kg....\$24.10/bag

TEMPURA BATTERED SCALLOPS



1kg....\$31.80/ctn

SALT & PEPPER SQUID



1kg....\$20.80/bag

Edgell READY 2 ROAST MINI CORN COBBS



2kg....\$13.40/bag

Edgell CAULIFLOWER



2kg....\$12.50/bag

MORGAN'S PITTES Pitta Bread



10/bag....\$5.40/bag

BEER BATTERED ONION RINGS



1kg... \$17.80/bag

PANKO CRUMBED ONION RINGS



1kg....\$18.60/bag

ENGLISH MUFFINS



Hot Price
6x6pkt....\$31.50/ctn

goodman fielder
**SHORTCRUST
PASTRY ROLLS**



Hot Price

2x5kg rolls....\$76.80/ctn

**CRAFTY CHOOKS
220gm SANDWICH
CHICKEN SCHNITZELS**



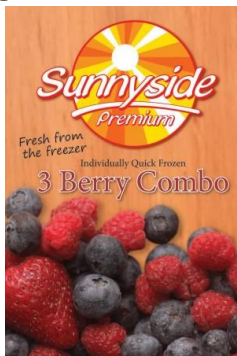
Only \$2.35 each
30x220gm....\$70.60/ctn

**SPRING ROLL
PASTRY 8.5"**



20/pkt...\$3.40/pkt

3 BERRY MIX



1kg....\$15.20/bag

SLICED BANANA 10mm



1kg...\$8.40/bag

DICED PINEAPPLE



1kg...\$12.50/bag

**MISSION 10" or 12"
FLOUR TORTILLAS**



1doz
10" \$5.30 12" \$7.00

**10" REGULAR
CLASSIC PIZZA BASES**



4/pkt...\$8.40/pkt

**TODDLER TURKISH
ROLLS**

Available in Round and Oval



Only 1.30¢ per roll
30x130gm....\$39.20/ctn

**7" TOP CUT
HOT DOG ROLLS**



Less than 95¢ each
54x75gm....\$51.10/ctn

**HALF BAGUETTES
WHITE (Par Bake)**



Less than \$1.12 each
52x110gm....\$58.10/ctn

**BRIOCHE SLIDER
BUNS**



Less than .68¢ each
144x30gm....\$97.80/ctn

frozen/dry

Edgell

10mm SUPA CRUNCH CHIPS



2kg...\$11.30/bag

Edgell

BEER BATTERED DIAMOND CHIPS



Extra thick 18mm chips
2kg...\$11.30/bag

Potato
PERFECTION

10mm EXTRA CRUNCHY CHIPS



2kg...\$10.90/bag

FARM FRUIT

SEASONED WEDGES Gluten free



2.5kg...\$12.60/bag

Mydibel

HASH BROWN PATTIES



2.5kg...\$13.10/bag

SANTALINI

POMEGRANATE MOLASSES



500ml...\$15.40/bottle

Sara Lee
FOODSERVICE

PAIN AU CHOCOLAT (Chocolate Croissants)



3x75gm
\$6.90/tray(+gst)

Sara Lee
FOODSERVICE

STICKY DATE PUDDING TRAY



1.15kg..\$22.20/tray(+gst)

Sara Lee
FOODSERVICE

CHOCOLATE MUD TRAY CAKE



2kg..\$42.80/tray(+gst)

ALMOND MILK

FULL CREAM MILK

LACTOSE FREE MILK

OAT MILK

SKIM MILK

SOY MILK



1Lt...\$3.50



1Lt...\$2.65



1Lt...\$3.60



1Lt...\$3.40



1Lt...\$2.65



1Lt...\$2.65

chilled



OTTO WURTH CHORIZO



GLUTEN FREE

2.5kg...\$54.90/ctn



DICED BACON PIECES



GLUTEN FREE

Hot Price

2kg...\$24.10/bag



SHREDDED HAM



GLUTEN FREE

2.5kg...\$27.40/bag



TURKEY CARVERY ROAST (Raw)



Hot Price

Approx 3kg...\$22.50/kg



THINLY SLICED MILD SALAMI



1kg...\$21.90/bag



THINLY SLICED HOT SALAMI



1kg...\$29.00/bag



CHEESE SAUCE (LIQUID CHEESE)



1kg...\$14.70/bag



SANDWICH CHEESE SLICES



GLUTEN FREE

Less than 34¢ per slice
72 slices per packet
1.5kg...\$24.40/pkt



NATURAL TASTY CHEESE SLICES



Less than 28¢ per slice
90 slices per packet
1.5kg...\$24.40/pkt



WESTERN STAR PC BUTTER MINIDISH



Less than 22¢ Per Portion
200x8gm...\$43.70/ctn



CATERING BUTTER



GLUTEN FREE

GLUTEN FREE

1.5kg...\$26.80/block



UNSALTED BUTTER



1.5kg...\$26.80/block

pantry

QUEEN
EST. 1897

**PURE CANADIAN
MAPLE SYRUP**



NEW TO US

1Lt....\$37.20/btl

Maggi

**SUPREME (Gluten Free)
GRAVY MIX**



GLUTEN FREE

2kg....\$35.90/tub

Cadbury

**DRINKING
CHOCOLATE**



1.75kg....\$25.60/jar

TRUMPS

DRIED APRICOTS

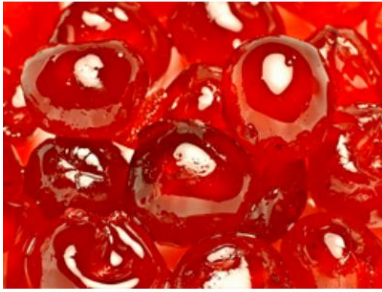


Hot Price

STRONG RE-SEALABLE BAG
1kg....\$20.10/bag

TRUMPS

**GLACE RED
CHERRIES**



1kg...\$18.70/bag

TRUMPS

TOASTED MUESLI



Hot Price

1kg...\$9.80/bag

FOUNDATION

TOMATO SAUCE



GLUTEN FREE

Hot Price

4Lt....\$13.10/btl

FOUNDATION

BBQ SAUCE



GLUTEN FREE

Hot Price

4Lt....\$15.60/btl

TRUMPS

COUS COUS



STRONG RE-SEALABLE BAG
1kg....\$7.40/bag

Edlyn

LEMON JUICE



GLUTEN FREE

1Lt....\$4.90/btl

Edlyn

LIME JUICE



1Lt....\$8.20/btl

Edlyn

LIME JUICE



300ml....\$3.10/btl

Knorr MEXICAN CHUNKY SALSA  1.95kg....\$19.70/btl	Knorr NAPOLITANA SAUCE  1.95kg....\$19.70/btl	MCKENZIE'S POTATO GNOCCHI  Hot Price 70% Potato 500gm....\$2.30/pkt
TRUMPS MOROCCAN SEASONING  750gm....\$16.80/jar	TRUMPS GROUND NUTMEG  STRONG RE-SEALABLE BAG 1kg....\$39.00/bag	TRUMPS ONION POWDER  GLUTEN FREE STRONG RE-SEALABLE BAG 1kg....\$10.70/bag
TRUMPS RUBBED OREGANO  STRONG RE-SEALABLE BAG 350gm....\$9.20/bag	MCKENZIE'S GROUND PAPRIKA  GLUTEN FREE STRONG RE-SEALABLE BAG 1kg....\$11.20/bag	TRUMPS SMOKEY PAPRIKA  500gm....\$12.60/jar
SAN REMO #100 INSTANT LASAGNE SHEETS  5kg...\$29.60/ctn	ELFER MILLS BREAD CRUMBS COARSE  Hot Price 10kg....\$39.00/bag	CHEF'S LINK BREAD CRUMBS FINE  Hot Price 10kg....\$34.00/bag

pantry

McKENZIE'S

TUNA IN BRINE



Hot Price

425gm....\$4.20/tin

Goodness me, it's **SPC**

PIZZA & PASTA SAUCE



Hot Price

3.05kg....\$14.20/tin

Riviana

PIZZA PASTA SAUCE



Hot Price

2.5kg...\$12.60/tin

Zoosh

PREMIUM MAYONNAISE



15kg....\$93.90/tub

Canabos

MAPLE FLAVOURED SYRUP



2Lt....\$21.90/btl

McKENZIE'S

PITTED KALAMATA OLIVES



10kg....\$101.70/tub

Riviana

GREEN PEPPERCORNS



720gm.....\$13.50/jar

Riviana

PINK PEPPERCORNS



720gm....\$25.10/jar

Riviana

CAPERS



2.1kg.....\$24.10/jar

Nestlé PROFESSIONAL

BEEF BOOSTER



2.3kg....\$36.10/tub

Nestlé PROFESSIONAL

CHICKEN BOOSTER



2.4kg....\$32.90/tub

Nestlé PROFESSIONAL

BECHAMEL SAUCE



2kg....\$37.20/tub

Allowrie
PURE HONEY



3kg....\$27.30/jug

Peerless
FRYTOL



20kg....\$117.70/tin

Sherman's
VEGETABLE OIL



20Lt....\$69.80/tin

TRUMPS
MACADAMIA NUTS
RAW HALVES



1kg....\$36.10/bag

TRUMPS
RAW HAZELNUT
KERNELS



1kg....\$25.00/bag

SANDHURST
SEA SALT FLAKES



1.5kg....\$33.20/tub

MasterFoods
PROFESSIONAL
GREEK
DRESSING



3Lt....\$30.40/btl

MasterFoods
PROFESSIONAL
CHILLI & LIME
DRESSING



3Lt....\$30.40/btl

MasterFoods
PROFESSIONAL
SWEET THAI CHILLI
SAUCE MILD



3Lt....\$31.80/btl

MasterFoods
PROFESSIONAL
RANCH
DRESSING



2.4kg....\$30.50/btl

MasterFoods
PROFESSIONAL
SWEET AND SOUR
SAUCE



2.8kg....\$29.40/jar

Edlyn
WHOLE EGG
MAYONNAISE



2.2kg....\$29.70/tub

pantry

golden circle

**WHOLE
BABY BEETROOT**



Hot Price

3.1kg....\$18.50/tin

MCKENZIE'S

**SLICED
FIRE ROASTED
RED PEPPERS**



Hot Price

4.1kg....\$19.20/tin

MCKENZIE'S

PIZZA CUT PINEAPPLE



Hot Price

3kg....\$10.60/tin

Riviana

**WHITE COCKTAIL
ONIONS**



GLUTEN FREE

2.2kg....\$18.90/jar

MCKENZIE'S

**CRACKED BLACK
PEPPER**



GLUTEN FREE

STRONG RE-SEALABLE BAG
1kg....\$29.00/bag

**BUNDA BERG
SUGAR**

WHITE SUGAR STICKS



Hot Price

2000x3gm...\$27.50/ctn

Huhtamaki | **TAILORED
PACKAGING**

**ALUMINIUM FOIL
GENERAL PURPOSE**



Hot Price

150m x 44cm
\$25.10/roll (+gst)

Huhtamaki | **TAILORED
PACKAGING**

12oz CHIP CUPS



50pc.\$4.60/sleeve(+gst)

**BUNDA BERG
SUGAR**

RAW SUGAR STICKS



Hot Price

2000x3gm...\$27.50/ctn

Allied Mills

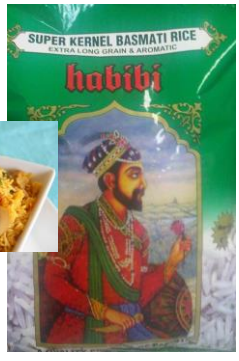
WHOLEMEAL FLOUR



Hot Price

12.5kg....\$28.00/bag

BASMATI RICE



Hot Price

Ideal for Indian & Middle Eastern Cuisine
10kg....\$42.30/bag

WINDSOR FARM

**SOUTHERN FRIED
HOT & SPICY
CHICKEN COATING**



Hot Price

8kg....\$74.20/tub