

AUGUST SPECIALS

Specials available from 4th August to 30th August 2025 E.&O.E.

LARGE GARFISH FILLETS IQF



Approx. 84 fillets per 5kg ctn
5kg....\$218.00/ctn

31/40 COOKED PRAWN MEAT



Approx 70-90 per kg
1kg...\$24.00/bag

SKIN ON SALMON PORTIONS 200gm



Hot Price
5kg....\$178.20/ctn

SLICED VIRGINIAN LEG HAM



Hot Price
1kg....\$15.60/bag

THICKENED CREAM



5Lt....\$43.30/btl

SCOTCH FILLET CUBE ROLL YG GRADE



Hot Price
Approx 3kg...\$36.50/kg

EXTRA VIRGIN OLIVE OIL



Hot Price
100% Australian, First Cold Pressed
4Lt...\$65.40/tin

READY TO USE RICH GRAVY UHT



NEW
1Lt....\$9.30/ctn
GLUTEN FREE

COTTONSEED OIL



100% Australian Grown & Produced
20Lt....\$78.00/tin

frozen

 BUTTERMILK CHICKEN BREAST BURGERS  NEW 1.2kg....\$22.50/bag	 DEVIL BONELESS WYNGZ  100% Chicken Breast coated in a golden hot & spicy crumb! 1kg...\$22.70/bag	 125gm CRUMBED BREAST FILLET  24 x 125gm 3kg....\$72.40/ctn
 FLAME GRILLED BREAST FILLETS  1kg....\$21.60/bag	 DICED ROAST CHICKEN MEAT  GLUTEN FREE Hot Price 1kg....\$19.30/bag	 CRUMBED CHICKEN BREAST GOUJONS  1kg...\$17.80/bag
 CHICKEN CHIPS  1kg....\$16.90/bag	 ROYAL DRAGON MINI SPRING ROLLS  Authentic Chinese style 24x50gm....\$25.50/bag	 CHICKEN AND CHEESE BALLS  40 x 25gm 1kg.....\$19.70/bag
 BATTERED CHEESE KRANSKY  With Melted Cheddar Cheese Qty 20....\$49.30/ctn	 FISH COCKTAILS  "Premium Hand Cut Fish Portions" 1kg....\$17.50/bag	 FORMED CRUMBED SQUID RINGS  1kg....\$14.20/bag

frozen



FRIED RICE CATERERS PACK



2kg....\$30.25/tray



POPCORN CAULIFLOWER



1kg....\$13.00/bag



BATTERED ONION RINGS



1kg....\$14.40/bag



MINI BEEF SPRING ROLLS



Only 54¢ each
20x50gm....\$10.90/bag



BBQ PORK RIBLETS



32x100gm....\$63.20/ctn



LIL PIZZAS HAM & PINEAPPLE or CHEESE & HAM



32/ctn..\$56.40/ctn (+gst)



SINGLE SERVE SPAG BOLOGNESE



24x200gm
\$68.20/ctn(+gst)



SINGLE SERVE TWISTA BOLOGNESE



24x200gm
\$68.20/ctn(+gst)



VANILLA ICECREAM



10Lt....\$28.40/tub (+gst)



GOLDEN NORTH SORBET RANGE



TANGY
LEMON

BLOOD
ORANGE

PASSIONFRUIT
(with seeds)

RASPBERRY

SOUR
GRAPE



All one price
5Lt....\$35.00/tray (+gst)



frozen

WHOLE BUGS
200/300gm



2.5kg....\$85.25/bag

BLUE SWIMMER
CRAB MEAT



500gm....\$17.50/block

WHOLE TILAPIA
GILLED, GUTTED,
& SCALED



10kg....\$82.00/ctn

PANKO
CRUMBED SNAPPER



30x90gm....\$83.80/ctn

PANKO CRUMBED
FLATHEAD FILLETS



48 x approx 65gm

3kg....\$73.00/box

CRISPY BEER
BATTERED FLATHEAD



3kg....\$69.00/ctn

PORK SCHNITZEL



Approx \$3.78 each

25x200gm...\$94.40/ctn

SMALL HALF
CHICKEN SCHNITZELS

Approx 125gm



Premium Hand Cut Breast Schnitzels

Only \$1.79 each

Qty 30....\$53.70/ctn

CRUMBED
CAMEMBERT CHEESE



1kg....\$44.60/bag

10mm ULTRA
FAST CHIPS



3.5kg....\$15.30/bag

GLUTEN FREE
HASH BROWNS



2kg....\$12.30/bag

SEAFOOD
EXTENDER



1kg....\$7.20/bag

Pampas
**PUFF
PASTRY ROLL**



Hot Price

10kg....\$54.90/roll

**BONELESS NETTED
PORK LEG**



Approx 7kg...\$12.80/kg

**FROZEN RAW
CHICKEN BREAST
FILLET (Skin Off)**



Only \$8.20/kg
2kg....\$16.40/bag

GROUND VALUE

STRAWBERRIES



1kg....\$9.70/bag

Sunnyside
Premium

MANGO CHEEKS



1kg...\$12.30/bag

Sunnyside
Premium

ASPARAGUS SPEARS



1kg....\$24.60/box

客+家

**BAO BUNS
WHITE OR CHARCOAL**



10x30gm....\$6.10/pkt

mission

PITA POCKETS



4x105gm....\$3.60/pack

mission

6" FLOUR TORTILLAS



1doz....\$3.00/bag

AGB

GARLIC BREAD SUB



Only \$2.30 per sub
20x9"....\$46.00/ctn

AGB

**9" GARLIC
BREAD FOIL**



Less than \$1.58 each
40x9"....\$62.90/ctn

AGB

**8" SOURDOUGH
GARLIC BREAD**



Less than \$1.39 per roll
40x100gm....\$55.40/ctn

frozen/chilled

Sara Lee FOODSERVICE BELGIUM LIEGE WAFFLES  24x90gm \$39.90/ctn (+gst)	Sara Lee FOODSERVICE LARGE CROISSANTS  36x75gm \$52.10/ctn (+gst)	Sara Lee FOODSERVICE EXTRA LARGE CROISSANTS  24x110gm \$52.70/ctn (+gst)
Edgell CHOPPED ONIONS  2kg....\$13.40/bag	Edgell SLICED ONIONS  1.5kg....\$10.80/bag	NATURES LINK PEAS  2kg....\$9.70/bag
Potato PERFECTION BEER BATTERED STEAKCUT CHIPS  2kg....\$10.80/bag	Mydibel PREMIUM CRUNCH 10mm CHIPS  2.5kg...\$11.30/bag	FARM FRITES FARM FRITES 12mm CRINKLE CUT CHIPS  2.5kg....\$9.90/bag (Only \$39.60 per 10kg ctn)
Anchor WHIPPED CREAM  400gm....\$10.00 /tin	Bulla 100 YEARS OF EXCELLENCE GREEK STYLE YOGHURT  1kg...\$8.00/tub	AUSTRALIAN GOLD CAMEMBERT  115gm...\$4.80/pkt

chilled

DONS KABANA



375gm....\$8.25/pack

**OTTO WURTH
CHEESE KRANSKY**



2.5kg....\$38.40/bag

**CAFÉ SHORT CUT
RINDLESS BACON**



1kg....\$12.30/bag

CHAPMANS KABANOS



2.5kg....\$46.40/bag

**SQUARE SANDWICH
BLOCK SHOULDER
HAM**

**GLUTEN
FREE**



3.9kg....\$51.60/block

**FRESH ROAST
CHICKEN BREAST
SKINLESS SLICED**



1kg....\$22.40/bag

HALOUMI CHEESE



2kg....\$43.10/tub

**CHAPMANS
BUNG FRITZ**



Approx 3kg...\$12.50/kg

**SHREDDED
MOZZARELLA**



6kg....\$85.60/bag

**SWISS
CHEESE SLICES**



1kg....\$35.00/pkt

**CULINARY CREAM
(COOKING)**



1Lt....\$10.10/pkt

**GLUTEN
FREE**

**WHIPPING CREAM
(THICKENING)**



1Lt....\$11.20/pkt

Hot Price

pantry

TANGY TOMATO DRESSING GLUTEN FREE Hot Price 2.4kg.....\$24.90/jar	COLESLAW DRESSING GLUTEN FREE Hot Price 2.4Lt....\$24.90/jar	SIENNA MILK CHOCOLATE BUTTONS 5kg....\$65.90/ctn
CHIPOTLE MAYONNAISE 1kg....\$11.90/btl	CUSTARD POWDER 5kg....\$28.30/bag	COCOA POWDER GLUTEN FREE 1kg....\$39.00/bag
PITTED PRUNES 1kg....\$14.50/bag	POLENTA 1kg....\$5.30/bag	ROLLED OATS 1kg....\$4.50/bag
MASHED POTATO GLUTEN FREE Makes 24kg Mashed Potato 4kg....\$75.70/ctn	BALSAMIC VINEGAR GLUTEN FREE 5Lt....\$28.40/btl	CELERY SALT 1kg....\$8.00/bag



GLUTEN FREE BREAD CRUMBS



**GLUTEN
FREE**



10kg....\$64.10/bag



TOMATO RELISH



2kg....\$31.00/tub

SHARZULES GOLD CRUSHED GARLIC



**100% Pure Garlic – No Fillers
2kg....\$27.40/tub**



PARSLEY FLAKES



200gm....\$8.80/bag



PEPITA SEED KERNELS



1kg....\$13.40/bag



POPPY SEEDS



**STRONG RESEALABLE BAG
1kg....\$12.80/bag**



ROSEMARY



**STRONG RESEALABLE BAG
500gm....\$10.90/bag**



SESAME SEEDS



**STRONG RESEALABLE BAG
1kg....\$9.35/bag**



BLACK SESAME SEEDS



**STRONG RESEALABLE BAG
1kg....\$12.10/bag (+gst)**



GELATINE



**GLUTEN
FREE**

**STRONG RE-SEALABLE BAG
1kg....\$33.20/bag**



BAKING POWDER



**GLUTEN
FREE**



2kg...\$14.60/bag



COCONUT FLAKES/CHIPS



**GLUTEN
FREE**



1kg....\$18.10/bag

pantry

HEINZ ESTD 1869 "BIG RED" TOMATO SAUCE GLUTEN FREE  4Lt....\$14.00/btl	Unilever Food Solutions Inspiration every day PERI PERI PORTUGUESE SAUCE  1.95kg...\$21.50/btl	Unilever Food Solutions Inspiration every day JAPANESE TERIYAKI SAUCE  2.1kg...\$21.40/btl
Nestlé PROFESSIONAL Maggi RICH GRAVY MIX  Hot Price 7.5kg....\$105.00/tub	Nestlé PROFESSIONAL Maggi GLUTEN FREE SUPREME GRAVY MIX  GLUTEN FREE VEGAN 7kg....\$105.80/tub	Nestlé PROFESSIONAL DEMI GLACE SAUCE  7.5kg....\$147.95/tub
MCKENZIE'S SLICED JALAPENOS  2.8kg....\$10.30/tin	Riviana CORN KERNELS IN BRINE  GLUTEN FREE Perfect for cold salads 425gm....\$2.00/tin	QUEEN ESTD 1897 IMITATION VANILLA ESSENCE  2Lt....\$12.65/btl
Goodness me, it's SPC PIZZA & PASTA SAUCE  Hot Price 3.05kg....\$14.20/tin	Riviana WHOLE PEELED TOMATOES  GLUTEN FREE Hot Price 2.5kg....\$10.70/tin	MCKENZIE'S FRUIT SALAD IN NATURAL JUICE  Hot Price 2.8kg....\$12.50/tin

SWEET MUSTARD PICKLES



GLUTEN FREE

2kg....\$14.50/jar

ITALIAN BALSAMIC GLAZE



500ml....\$8.25/btl

PITTED KALAMATA OLIVES



2kg....\$18.60/jar

WHOLE ROASTED & SALTED PEANUTS



1kg....\$9.80/bag (+gst)

GRANULATED PEANUTS



1kg....\$8.00/bag (+gst)

PINE NUT KERNELS



Hot Price

STRONG RE-SEALABLE BAG
1kg....\$51.10/bag

CAESAR SALAD DRESSING



2.6kg....\$26.20/jar

HOMESTYLE MAYONNAISE



2.6kg....\$17.80/jar

DELI MAYONNAISE



Hot Price

10kg...\$56.40/bkt

MUSTARDS

American
Dijon
Hot English
Seeded



2.5kg....\$23.30/jar

THOUSAND ISLAND DRESSING



2.5kg....\$29.60/jar

pantry

Riviana SLICED DILL PICKLED CUCUMBERS  GLUTEN FREE 2.9kg....\$14.40/tin	Riviana WHOLE PICKLED POLSKIE OGORKI CUCUMBERS  GLUTEN FREE 3kg....\$13.30/tin	golden circle DICED BEETROOT  Hot Price 3.2kg...\$12.30/tin
ALLIED PINNACLE SOFT BREAD & ROLL MIX  10kg....\$39.30/bag	BROWN SUGAR RAW SUGAR  1kg \$3.90/bag 2kg \$4.20/bag	CASTER SUGAR WHITE SUGAR  GLUTEN FREE 1kg \$2.60/bag 2kg \$4.60/bag
Huhtamaki TAILORED PACKAGING CATERER'S BAKING PAPER  120mx30cm \$18.10/roll (+gst)	Huhtamaki TAILORED PACKAGING CATERER'S BAKING PAPER  120mx40cm \$22.30/roll (+gst)	TRUMPS GROUND BLACK PEPPER  Hot Price STRONG RE-SEALABLE BAG 1kg....\$28.10/bag
PINNACLE DRY YEAST  500gm....\$4.80/pkt	JASMINE RICE  GLUTEN FREE Hot Price Ideal for Asian Cuisine 10kg....\$26.90/bag	WINDSOR FARM CHICKEN SALT  WITH A SHAKER LID.  780gm....\$11.00/jar