

# MOUNT GAMBIER FOODS



## JANUARY SPECIALS

Specials available from 5<sup>th</sup> January to 31<sup>st</sup> January 2026 E.&O.E.

**SLICED FLAKE  
ELEPHANT SHARK**



**Hot Price**

5kg....\$134.20/ctn

**PRE-SLICED SMOKED  
SALMON SIDES**



1kg....\$38.40/tray

**LING FILLETS  
U/500gm SEAFROZEN**



(\$20.84/kg)

6.8kg....\$141.70/ctn

**TIBALDI  
MIDDLE RASHER  
RINDLESS BACON**



**GLUTEN  
FREE**

**Hot Price**

2.5kg...\$34.60/bag

**BLUESKY  
CRUMBED GARFISH  
FILLETS 80gm**



1kg....\$24.10/bag

**SCOTCH FILLET  
CUBE ROLL  
YG GRADE**



**Hot Price**

Approx 3kg...\$36.80/kg

**SAFRIES  
10mm STRAIGHT CUT  
AUSTRALIAN CHIPS**



**GLUTEN  
FREE**

**Hot Price**

2.5kg..\$8.50/bag (\$3.40/kg)

**SAFRIES  
13mm STRAIGHT CUT  
AUSTRALIAN CHIPS**



**GLUTEN  
FREE**

**Hot Price**

2.5kg..\$8.50/bag (\$3.40/kg)

**Shermans  
HEARTLANDS AUST  
VEGETABLE OIL**



**GLUTEN  
FREE**

**Hot Price**

20Lt....\$63.70/tin

# frozen

**INGHAM'S**

**BUTTERMILK CHICKEN BREAST BURGERS**



**1.2kg...\$23.00/bag**

**INGHAM'S**

**DEVIL BONELESS WYNGZ**




100% Chicken Breast coated in a golden hot & spicy crumb!

**1kg...\$21.90/bag**

**INGHAM'S**

**125gm CRUMBED BREAST FILLET**




24 x 125gm

**3kg...\$69.50/ctn**

**INGHAM'S**

**FLAME GRILLED BREAST FILLETS**



**1kg...\$20.80/bag**

**INGHAM'S**

**DICED ROAST CHICKEN MEAT**




**GLUTEN FREE**

**Hot Price**

**1kg...\$18.60/bag**

**Steggles**

**CRUMBED CHICKEN BREAST GOUJONS**



**1kg...\$18.90/bag**

**MORGANS PITTES**

**Pitta Bread**



**10/bag...\$4.80/bag**

**CHIKO**

**FISH CAKES**



36x100gm

**3doz...\$36.50/ctn**

**Patties**

**PARTY PIES**



**6doz..\$63.10/box (+gst)**

**Mydibel**

**SHOESTRING CHIPS**



**GLUTEN FREE**

**Hot Price**

**2.5kg...\$10.80/bag**

**Edgell**

**SUPA CRUNCH STEAKHOUSE CHIPS**



**2kg...\$11.70/bag**

**Lamb Weston**

**TWISTER FRIES**



**2.27kg...\$13.40/bag**



## MOKA DOGS



"Battered Franks"

20ctn....\$41.60/ctn



## BATTERED SEAFOOD STICKS



1kg....\$15.20/bag



## COOKED BEEF BURGERS 100gm



20x100gm...\$30.20/bag



## FRIED RICE CATERERS PACK



2kg....\$30.20/tray

*Magdala Fine Foods*

## MAGDALAS



Potato Cake Sandwich Filled with Cheese, Bacon & Onion.

2doz....\$46.90/ctn



## KENSINGTON KINGS BEEF & PORK LARGE DIM SIMS



24x110gm....\$26.90/bag



## FROZEN YOGHURT CUPS



Mango Raspberry Strawberry Wildberry



36x200ml

\$58.50/ctn(+gst)



## POTATO CAKES

FORMED MADE FROM REAL POTATO - NOT POWDER



Only 52¢ each

Qty 120....\$62.00/ctn

BLUE MOON

COCONUT SWIRL

COCONUT & VBEAN



GOLDEN HONEY

PEACH MELBA

RASPBERRY TWIST



# WHILE STOCKS LAST

ALL ONE PRICE 2.5Lt....\$19.25/tub (+gst)



# frozen

## MUSSELS IN HALF SHELL



Approx 40 per box

1kg....\$18.30/box

## GIGAS PINEAPPLE CUT SQUID TUBES U/5



**Hot Price**

5kg....\$64.20ctn

## SCALLOPS IN A HALF SHELL

20/30



1doz....\$17.80/bag



## PANKO CRUMBED SQUID RINGS



4kg....\$80.00/box



## TEMPURA BATTERED FLOUNDER



30x100gm....\$70.30/ctn



## CHILLI SQUID



1kg....\$24.10/bag



## BUFFET VEGETABLE MIX



Broccoli, Carrots, Mini Corn Cobbs & Whole Baby Beans

2kg....\$14.90/bag



## MELANGE VEGETABLE MIX



Broccoli, Carrots, Red Capsicum, Cauliflower, Green & Yellow Beans

1.5kg....\$10.30/bag



## PANACHE VEGETABLE MIX



Broccoli, Carrots, Red Caps, Baby Corn & Sugar Snap Peas

1.5kg....\$11.50/bag



## CRISPY COATED STEAKHOUSE CHIPS

GLUTEN FREE

NEW TO US



**Hot Price**

2.5kg...\$13.90/bag



## POTATO GEMS



Approx. 210 per bag

2kg....\$10.60/bag



## CHOPPED SPINACH



2.5kg....\$10.10/bag

**Pampas**

## PUFF PASTRY ROLL



**Hot Price**

10kg....\$56.70/roll

## CRAFTY CHOOKS 220gm SANDWICH CHICKEN SCHNITZELS



Only \$2.35 each

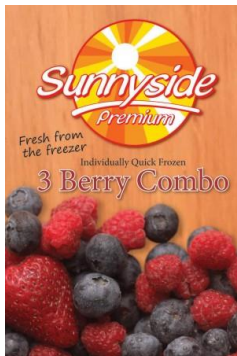
30x220gm....\$70.60/ctn

## BONELESS NETTED PORK LEG



Approx 7kg...\$12.80/kg

## 3 BERRY MIX



1kg....\$15.20/bag

## SLICED BANANA 10mm



1kg...\$9.30/bag

## DICED PINEAPPLE



1kg...\$12.50/bag

## BAO BUNS WHITE OR CHARCOAL



10x30gm....\$6.10/pkt

## TODDLER TURKISH ROLLS

Available in Round and Oval



Only 1.30¢ per roll

30x130gm....\$39.20/ctn

## 12" REGULAR CLASSIC PIZZA BASES



4/pkt...\$10.50/pkt

## GARLIC BREAD SUB



Only \$2.29 per sub

20x9"....\$45.80/ctn

## 9" GARLIC BREAD FOIL



Only \$1.58 each

40x9"....\$62.90/ctn

## 8" SOURDOUGH GARLIC BREAD



Only \$1.39 per roll

40x100gm....\$55.40/ctn

# frozen/chilled

**Sara Lee**  
FOODSERVICE

**PAIN AU CHOCOLAT**  
(Chocolate Croissants)



**Hot Price**

3x75gm  
\$6.90/tray(+gst)

**Sara Lee**  
FOODSERVICE

**STICKY DATE**  
**PUDDING TRAY**



1.15kg..\$22.20/tray(+gst)

**Sara Lee**  
FOODSERVICE

**CHOCOLATE MUD**  
**TRAY CAKE**



2kg..\$42.80/tray(+gst)

**PLAIN**  
**FLOUR**




12.5kg..\$20.30

**SELF RAISING**  
**FLOUR**




12.5kg..\$22.20

**BAKERS**  
**FLOUR**




12.5kg..\$20.90

**Yarra Valley**  
HILLTOP

**PLUM SAUCE**



**NEW TO US**

2Lt....\$22.90/tub

**Nestlé**  
PROFESSIONAL

**BECHAMEL SAUCE**



**GLUTEN FREE**

2kg....\$37.20/tub

**SANDHURST**

**CHAR GRILLED**  
**PUMPKIN**



2kg....\$34.30/tub

**Bulla**  
100 YEARS

**COOKING CREAM**



5Lt....\$37.00/btl

**Bulla**  
100 YEARS

**THICKENED CREAM**



5Lt....\$43.30/btl

**SANDHURST**

**PESTO**  
**BASIL or TOMATO**



2kg....\$31.00/jar

**chilled**

**DONS KABANA**



375gm....\$8.20/pack

**OTTO WURTH  
CHEESE KRANSKY**



2.5kg....\$38.10/bag

**TIBALDI VIRGINIA  
HALF LEG HAM**



**LOOK WHAT'S BACK**  
Approx 3kg...\$13.40/kg

**CHAPMANS  
BUNG FRITZ**



Approx 3kg...\$12.50/kg

**SQUARE SANDWICH  
BLOCK SHOULDER  
HAM**

**GLUTEN  
FREE**



3.9kg....\$51.60/block

**SHREDDED  
TASTY CHEESE**



**Hot Price**  
2kg....\$25.70/bag

**Anchor  
BURGER CHEESE**



**Hot Price**

84 Slices per packet  
1.04kg....\$20.00/pkt

**Anchor  
HI MELT BURGER  
CHEESE SLICES**



**Hot Price**

72 Slices per packet  
1.368kg....\$25.70/pkt

**Holy Cow!  
SHREDDED  
MOZZARELLA CHEESE**



**Hot Price**

2kg....\$26.30/bag

**Specialty  
Foods  
"TZATZIKI"  
YIROS GARLIC SAUCE**



1kg....\$13.10/btl

**Lemnos  
DANISH  
FETTA CHEESE**



2kg...\$38.10/tub

**Lemnos  
FULL CREAM  
FETTA CHEESE**



2kg....\$38.40/tub

# pantry

## ROASTED GARLIC AIOLI



Squeeze Bottle  
1kg....\$11.90/btl

## TANGY TOMATO DRESSING



2.4kg.....\$24.90/jar

## COLESLAW DRESSING



2.4Lt....\$24.90/jar

## #100 INSTANT LASAGNE SHEETS



5kg...\$29.60/ctn

## VERMICELLI RICE NOODLES



454gm....\$5.00/bag

## Cadbury DRINKING CHOCOLATE



1.75kg....\$25.60/jar

## TRUMPS PITTED PRUNES



1kg....\$13.20/bag

## TRUMPS POLENTA



1kg....\$5.30/bag

## TRUMPS ROLLED OATS



1kg....\$4.95/bag

## Riviana CHICKPEAS



2.5kg....\$10.80/tin

## Riviana HOISIN SAUCE



1.75Lt....\$15.60/tin

## Riviana OYSTER SAUCE



1.75Lt....\$15.60/tin



**Maggi**  
**SUPREME (Gluten Free)  
GRAVY MIX**



**GLUTEN  
FREE**

2kg...\$35.90/tub

**QUEEN**  
**IMITATION  
VANILLA ESSENCE**



500ml...\$4.10/btl

**MISSION**  
**TRIANGLE  
CORN CHIPS**



6x500g...\$37.30/ctn

**TRUMPS**  
**MIXED HERBS**



STRONG RE-SEALABLE BAG  
350gm.....\$12.10/bag

**TRUMPS**  
**MIXED SPICE**



**GLUTEN  
FREE**

STRONG RE-SEALABLE BAG  
1kg....\$17.50/bag

**TRUMPS**  
**MOROCCAN  
SEASONING**



750gm....\$16.80/jar

**TRUMPS**  
**GROUND NUTMEG**



STRONG RE-SEALABLE BAG  
1kg....\$39.10/bag

**TRUMPS**  
**ONION POWDER**



**GLUTEN  
FREE**

STRONG RE-SEALABLE BAG  
1kg....\$10.60/bag

**TRUMPS**  
**RUBBED OREGANO**



STRONG RE-SEALABLE BAG  
350gm....\$9.20/bag

**MCKENZIE'S**  
**GELATINE**



**GLUTEN  
FREE**

STRONG RE-SEALABLE BAG  
1kg....\$33.20/bag

**MCKENZIE'S**  
**BAKING POWDER**



**GLUTEN  
FREE**

2kg...\$14.60/bag

**TRUMPS**  
**COCONUT  
FLAKES/CHIPS**



**GLUTEN  
FREE**

1kg....\$18.10/bag

# pantry

**Riviana**

**SWEET MUSTARD PICKLES**



**2.2kg....\$19.70/jar**

**Unilever Food Solutions**  
Inspiration every day

**PERI PERI PORTUGUESE SAUCE**



**1.95kg...\$21.60/btl**

**Unilever Food Solutions**  
Inspiration every day

**JAPANESE TERIYAKI SAUCE**



**2.1kg...\$21.30/btl**

**WINDSOR FARM**

**CINNAMON SUGAR**



**1kg....\$8.00/bag**

**Nestlé PROFESSIONAL**

**BEEF BOOSTER**



**2.3kg....\$36.10/tub**

**Nestlé PROFESSIONAL**

**CHICKEN BOOSTER**



**2.4kg....\$32.90/tub**

**MCKENZIE'S**

**SLICED JALAPENOS**



**2.8kg....\$10.30/tin**

**Riviana**

**DARK SWEET PITTED CHERRIES**



**3kg....\$35.10/tin**

**Riviana**

**STUFFED GREEN OLIVES**



**2kg....\$23.00/jar**

**Edy's**

**GRANITA SYRUP**

BLUE LAGOON    COLA    LIME    RASPBERRY    TROPICAL



**4Lt....\$23.80/btl (+gst)**

**MCKENZIE'S**

**FRUIT SALAD IN NATURAL JUICE**



**2.8kg....\$12.00/tin**

**Eden**  
**SMOKEY TOMATO RELISH**



2.4kg....\$35.10/tub

**Peerless**  
**FRYTOL**



**Hot Price**

20kg....\$117.70/tin

**EXTRA VIRGIN OLIVE OIL**



**Hot Price**

100% Australian, First Cold Pressed  
 4Lt...\$66.50/tin

**TRUMPS**  
**WHOLE ROASTED & SALTED PEANUTS**



1kg....\$9.80/bag (+gst)

**TRUMPS**  
**GRANULATED PEANUTS**



1kg....\$8.00/bag (+gst)

**MCKENZIE'S**  
**PINE NUT KERNELS**



**Hot Price**

STRONG RE-SEALABLE BAG  
 1kg....\$51.10/bag

**MasterFoods PROFESSIONAL**  
**CAESAR SALAD DRESSING**



2.6kg....\$28.80/jar

**MasterFoods PROFESSIONAL**  
**HOMESTYLE MAYONNAISE**



2.6kg....\$17.50/jar

**Udell's Food Inspirations every day**  
**DELI MAYONNAISE**



**Hot Price**

10kg...\$56.40/bkt

**MasterFoods PROFESSIONAL**  
**MUSTARDS**



American  
 Dijon  
 Hot English  
 Seeded

2.5kg....\$23.00/jar

**MasterFoods PROFESSIONAL**  
**THOUSAND ISLAND DRESSING**



2.5kg....\$29.60/jar

# pantry

**golden circle**  
**PINEAPPLE THINS**



**3.2kg....\$22.20/tin**

**Riviana**  
**CRUSHED PINEAPPLE**



**GLUTEN FREE**

**3kg....\$12.90/tin**

**Riviana**  
**5 BEAN MIX**



**GLUTEN FREE**

**Hot Price**

**3kg....\$11.70/tin**

**Cerebos food service**  
**MERMAID TABLE SALT**



**NET 14kg**  
 PRODUCT OF AUSTRALIA

**14kg....\$21.70/ctn**

**MCKENZIE'S**  
**CRACKED BLACK PEPPER**



**GLUTEN FREE**

**STRONG RE-SEALABLE BAG**  
**1kg....\$29.00/bag**

**BUNDA BERG SUGAR**  
**WHITE SUGAR STICKS**



**Hot Price**

**2000x3gm...\$27.50/ctn**

**Huhtamaki** | **TAILORED PACKAGING**  
**CATERER'S BAKING PAPER**



**120mx30cm**  
**\$18.10/roll (+gst)**

**Huhtamaki** | **TAILORED PACKAGING**  
**CATERER'S BAKING PAPER**



**120mx40cm**  
**\$22.30/roll (+gst)**

**BUNDA BERG SUGAR**  
**RAW SUGAR STICKS**



**GLUTEN FREE**

**Hot Price**

**2000x3gm...\$27.50/ctn**

**Allied Mills**  
**WHOLEMEAL FLOUR**



**26734**  
**12.5kg net**

**12.5kg....\$28.00/bag**

**BASMATI RICE**



**habibi**

**Super Kernel Basmati Rice**  
 EXTRA LONG GRAIN & AROMATIC

**Ideal for Indian & Middle Eastern Cuisine**  
**10kg....\$42.30/bag**

**WINDSOR FARM**  
**NATURAL SPRINKLES**



**Hot Price**

**750gm....\$19.10/jar**