

JULY SPECIALS

Specials available from 29th June to 1st August 2026

E.&O.E.

SQUID RINGS RAW



1kg....\$16.30/bag

PRE-SLICED SMOKED SALMON SIDES



1kg....\$38.40/tray

LING FILLETS U/500gm SEAFROZEN



(\$20.80/kg)

6.8kg....\$141.70/ctn

TIBALDI COOKED PORK BELLY



Approx 3kg...\$18.20/kg

KR TENNESSE BBQ PORK RIBS



Approx 1.6kg.\$25.20/kg

KR COOKT PIG WINGS (Pork Shanks 6pk)



Approx 1.4kg.\$21.20/kg

SAFRIES 10mm STRAIGHT CUT AUSTRALIAN CHIPS



2.5kg..\$8.50/bag (\$3.40/kg)

SAFRIES 13mm STRAIGHT CUT AUSTRALIAN CHIPS



2.5kg..\$8.50/bag (\$3.40/kg)

TIBALDI MIDDLE RASHER RINDLESS BACON



2.5kg...\$35.00/bag

frozen

INGHAM'S BULK TEMPURA CHICKEN NUGGETS Hot Price  Only \$12.68 per kg 2.5kg...\$31.70/bag	INGHAM'S DEVIL WING DINGS  Hot Price 1kg...\$16.90/bag	INGHAM'S PLAIN WING DINGS  1kg...\$16.90/bag
Steggles CHICKEN BREAST CRACKLES  50 x 20gm Less than .42¢ each 1kg.....\$20.60/bag	Steggles SALT & VINEGAR TENDERBITES  1kg...\$16.90/bag	INGHAM'S #28 CRUMBED DRUMSTICKS  5kg....\$78.60/ctn
INGHAM'S CHICKEN CHIPS  1kg...\$17.00/bag	INGHAM'S 120gm CRUMBED BREAST FILLET  1.2kg...\$21.90/bag	Patties PARTY PASTIES  6doz...\$68.90/ctn(+gst)
FARM FRITES 13mm GOLD STRAIGHT CUT CHIPS  Hot Price 2.5kg\$7.90/bag (\$3.16/kg)	Potato PERFECTION 10mm EXTRA CRUNCHY CHIPS  2kg..\$10.90/bag (\$5.45/kg)	Edgell SUPA CRUNCH STEAKHOUSE CHIPS  2kg.\$11.20/bag (\$5.60/kg)

frozen



MOKA DOGS



20ctn....\$46.70/ctn



ANGEL BAY ANGUS BEEF SLIDER PATTIES



20x40gm...\$19.30/bag



KENSINGTON KINGS BEEF & PORK LARGE DIM SIMS



24x110gm....\$26.90/bag



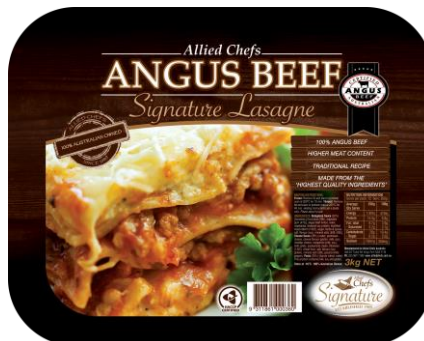
FRIED RICE CATERERS PACK



2kg....\$31.10/tray



ANGUS BEEF LASAGNE



3kg....\$29.30/tray(+gst)



GERRY'S PITTA BREAD



Original Authentic Greek Pitta Bread
20pcs....\$15.30/bag



CREAMY CLASSICS CHOC VANILLA TWINS



4pk....\$6.50/pkt (+gst)



VANILLA ICECREAM



10Lt....\$29.60/tub (+gst)



FRANTELLE WATER



24x600ml....\$16.10/slab



Golden North 2lt tub Range



Boysenberry, Chocolate, Iced Coffee
Honey, Rum n Raisin, Sea Salted Caramel, Vanilla

All one price

2Lt....\$10.70/tub(+gst)



frozen

MUSSELS IN HALF SHELL



Approx 40 per box
1kg....\$17.50/box

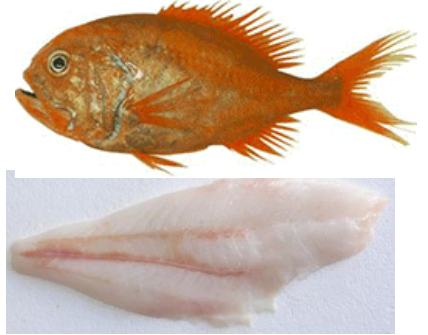
GIGAS PINEAPPLE CUT SQUID TUBES U/5



Hot Price

5kg....\$64.20/ctn

ORANGE ROUGHY FILLETS 4/6oz



5kg....\$146.80/ctn



PANKO CRUMBED PRAWNS



1kg....\$32.80/box

SEAFOOD EXTENDER



1kg....\$6.80/bag



SHORE MARINER FISH CAKES



10x100gm

1kg....\$10.90/bag



HASH BROWN PATTIES



Hot Price

2.5kg...\$14.00/bag



POTATO GEMS



Approx. 210 per bag

2kg....\$11.20/bag



CRISS CUT FRIES



2kg...\$11.50/bag



READY 2 ROAST MINI CORN COBBS



2kg....\$13.60/bag



CAULIFLOWER



2kg....\$12.80/bag



WHITE BAO BUNS



10x30gm....\$6.30/pkt

FILO PASTRY



375gm....\$6.70/pkt

**CRAFTY CHOOKS
220gm SANDWICH
CHICKEN SCHNITZELS**



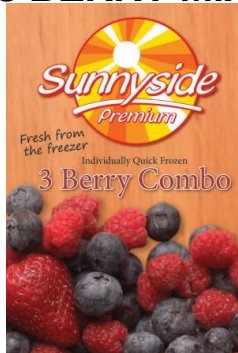
Only \$2.35 each
30x220gm....\$70.60/ctn

BEEF STRIPS



1kg...\$23.90/bag

3 BERRY MIX



1kg...\$15.60/bag

SLICED BANANA 10mm



1kg...\$9.60/bag

DICED PINEAPPLE



1kg...\$12.90/bag

**MISSION 10" or 12"
FLOUR TORTILLAS**



1doz
10" \$5.40 12" \$7.30

**9" GLUTEN FREE
PIZZA BASES**



2pkt....\$8.40/pkt

**TODDLER TURKISH
ROLLS**

Available in Round and Oval



Only 1.33¢ per roll
30x130gm....\$40.10/ctn

**4.5" SEEDED
MILK BUNS**



Only \$1.31 per roll
48x85gm....\$62.90/ctn

**4.5" POTATO BUNS
Vegan Friendly**



Less than \$1.26 per roll
48x85gm....\$60.40/ctn

**SLICED SOURDOUGH
LOAF WHITE**



Hot Price
4x900gm....\$34.50/ctn

frozen/chilled

Sara Lee FOODSERVICE BELGIUM LIEGE WAFFLES  24x90gm \$40.60/ctn (+gst)	Sara Lee FOODSERVICE LARGE CROISSANTS  36x75gm \$52.10/ctn (+gst)	Sara Lee FOODSERVICE EXTRA LARGE CROISSANTS  24x110gm \$52.70/ctn (+gst)			
QUEEN EST. 1897 PURE CANADIAN MAPLE SYRUP  Real Maple Syrup 1Lt....\$32.90/btl	GLUTEN FREE  Edgus TOPPINGS Edgus BANANA BLUE HEAVEN CARAMEL CHOCOLATE COFFEE *COOKIES AND CREAM* HONEYCOMB LIME MANGO SPEARMINT STRAWBERRY VANILLA *ALL FLAVOURS GLUTEN FREE EXCEPT COOKIES AND CREAM* HIGH QUALITY TOPPINGS FOR MILKSHAKES AND DESSERTS 3Lt....\$12.10/btl				
Nestle PROFESSIONAL BEEF BOOSTER  2.3kg....\$36.10/tub GLUTEN FREE	Nestle PROFESSIONAL CHICKEN BOOSTER  2.4kg....\$32.90/tub GLUTEN FREE	Nestle PROFESSIONAL BECHAMEL SAUCE  2kg....\$37.20/tub GLUTEN FREE			
ALMOND MILK  1Lt...\$3.50	FULL CREAM MILK  1Lt...\$2.85	LACTOSE FREE MILK  1Lt...\$3.85	OAT MILK  1Lt...\$3.40	SKIM MILK  1Lt...\$2.65	SOY MILK  1Lt...\$2.65

chilled



**OTTO WURTH
CHEESE KRANSKY**



2.5kg....\$38.40/bag



**SLICED
PROSCIUTTO**



500gm....\$26.20/bag

**RUMP STEAK U/6
YG MSA GRAINFED**



Approx 6kg...\$20.50/kg



**DONS
STRASBURG**



2kg....\$29.60/roll



**DONS COCKTAIL
FRANKFURTS**



Approx. 100 per bag
2.5kg....\$24.50/bag



**REAL "FATTY"
DICED BACON PIECES**



2kg....\$25.50/bag



**SANDWICH
CHEESE SLICES**



Less than 34¢ per slice
72 slices per packet
1.5kg....\$24.40/pkt

**GLUTEN
FREE**



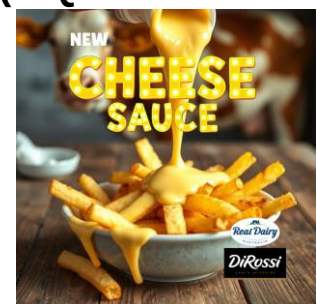
**NATURAL TASTY
CHEESE SLICES**



Less than 28¢ per slice
90 slices per packet
1.5kg....\$24.40/pkt



**CHEESE SAUCE
(LIQUID CHEESE)**



1kg....\$15.30/bag



PC BUTTER



Less than 21¢ Per Portion
200x7gm....\$41.70/ctn



CATERING BUTTER



1.5kg....\$29.60/block

**GLUTEN
FREE**



UNSALTED BUTTER



1.5kg....\$29.60/block

pantry

FOUNDATION TOMATO SAUCE GLUTEN FREE  Hot Price 4Lt....\$13.10/btl	FOUNDATION BBQ SAUCE GLUTEN FREE  Hot Price 4Lt....\$15.60/btl	Cadbury TUSCANY (DARK) CHOCOLATE BUTTONS  15kg....\$172.20/bag
U Challenger Innovation every day HELLMANN'S EST. 1913 DELI MAYONNAISE  10kg...\$56.40/bkt	SWEET CHILLI SAUCE  2Lt....\$20.20/btl	SWEET CHILLI SAUCE  4.8Lt....\$37.90/btl
SAN REMO #100 INSTANT LASAGNE SHEETS  5kg...\$30.70/ctn	ZoSh CAESAR DRESSING GLUTEN FREE  2.5Lt....\$26.60/jar	ZoSh PREMIUM MAYONNAISE GLUTEN FREE  2.65kg...\$19.20/jar
Riviana GREEN PEPPERCORNS GLUTEN FREE  720gm.....\$14.10/jar	Riviana PINK PEPPERCORNS GLUTEN FREE  720gm....\$26.10/jar	Riviana CAPERS GLUTEN FREE  2.1kg.....\$25.10/jar

BREAD CRUMBS COARSE  Hot Price 10kg....\$39.10/bag	CHEF'S LINK BREAD CRUMBS FINE  Hot Price 10kg....\$35.40/bag	Yarra Valley HILLTOP APPLE SAUCE  2Lt....\$17.30/tub
TRUMPS GROUND GINGER  1kg....\$14.70/bag	TRUMPS ITALIAN HERBS  STRONG RE-SEALABLE BAG 500gm....\$13.00/bag	TRUMPS MIXED HERBS  STRONG RE-SEALABLE BAG 350gm.....\$12.30/bag
TRUMPS MIXED SPICE  GLUTEN FREE STRONG RE-SEALABLE BAG 1kg....\$17.80/bag	TRUMPS MOROCCAN SEASONING  750gm....\$17.20/jar	TRUMPS GROUND NUTMEG  STRONG RE-SEALABLE BAG 1kg....\$39.80/bag
Cerebos EGG YELLOW COLOUR  2Lt....\$21.60/btl	Cerebos food service MERMAID TABLE SALT  14kg....\$23.50/ctn	Eden GLUTEN FREE RICH GRAVY  GLUTEN FREE 2kg....\$31.00/tub

pantry



PERI PERI PORTUGUESE SAUCE



1.95kg...\$21.60/btl



JAPANESE TERIYAKI SAUCE



2.1kg...\$21.30/btl



SWEET MUSTARD PICKLES



2.2kg...\$19.70/jar



CHEESE FILLED BELL PEPPERS



1.7kg....\$42.30/jar



CANOLA SPRAY RELEASE



450gm....\$4.80/can



SLICED KALAMATA OLIVES



2kg....\$19.20/jar



DICED APPLES



2.7kg....\$11.10/tin



SLICED APPLES



2.7kg...\$11.10/tin



APRICOT HALVES



3kg...\$11.00/tin



SLICED PEACHES



3kg....\$11.00/tin



SLICED PEARS



3kg...\$10.40/tin



BURGER SAUCE



2.2kg...\$31.80/btl

Hot Price

Maggi
SUPREME (Gluten Free)
GRAVY MIX



GLUTEN FREE

2kg....\$35.90/tub

Peerless
FRYTOL



Hot Price

20kg....\$113.80/tin

Sherman's
VEGETABLE OIL



Hot Price

20Lt....\$70.20/tin

TRUMPS
PISTACHIO
NUT KERNELS



STRONG RESEALABLE BAG
1kg....\$76.90/bag

TRUMPS
WALNUT
HALVES & PIECES



STRONG RESEALABLE BAG
1kg....\$19.70/bag

TRUMPS
ALMOND
MEAL BLANCHED



Hot Price

STRONG RESEALABLE BAG
1kg....\$22.40/bag

MasterFood's
PROFESSIONAL
ALL PURPOSE
SEASONING



950gm....\$20.40/jar

MasterFood's
PROFESSIONAL
BBQ
SEASONING



755gm....\$21.80/jar

MasterFood's
PROFESSIONAL
CAJUN SEASONING



520gm....\$22.10/jar

MasterFood's
PROFESSIONAL
TACO SEASONING



630gm....\$25.00/jar

MasterFood's
PROFESSIONAL
TUSCAN
SEASONING



670gm....\$22.70/jar

Riviana
WHITE COCKTAIL
ONIONS



GLUTEN FREE



2.2kg....\$19.70/jar

pantry

golden circle

**WHOLE
BABY BEETROOT**



Hot Price

3.1kg....\$18.90/tin

Riviana

PIZZA PASTA SAUCE



Hot Price

2.5kg...\$12.60/tin

Edlyn

WHITE VINEGAR



GLUTEN FREE

Hot Price

Strong re-usable drum
20Lt...\$26.70/drum

ALLIED PINNACLE

**SOFT BREAD &
ROLL MIX**



Hot Price

10kg....\$41.30/bag

MCKENZIE'S

**CRACKED BLACK
PEPPER**



GLUTEN FREE

STRONG RE-SEALABLE BAG
1kg....\$29.90/bag

**BUNDA BERG
SUGAR**

WHITE SUGAR STICKS



GLUTEN FREE

Hot Price

2000x3gm...\$27.50/ctn

Cost Priority

**CLING WRAP
WITH CUTTER**



Hot Price

33cm x 600m
\$20.20/roll (+gst)

Cost Priority

**CLING WRAP
WITH CUTTER**



Hot Price

45cm x 600m
\$27.40/roll (+gst)

**BUNDA BERG
SUGAR**

RAW SUGAR STICKS



GLUTEN FREE

Hot Price

2000x3gm...\$27.50/ctn

PINNACLE

DRY YEAST




Hot Price

500gm....\$5.20/pkt

SILVER STAR

JASMINE RICE




GLUTEN FREE

Hot Price

Ideal for Asian Cuisine
10kg....\$26.90/bag

WINDSOR FARM

CHICKEN SALT



Hot Price

25kg....\$225.50/bag